

I have read and understood the following FAQ information and agree for my application to be reviewed accordingly.

Hey there,

We are really excited to meet you and get to know you and your therapy practice. Self Space offers modern and accessible mental health support designed to fit into everyday life. Our approach emphasises proactive mental maintenance, providing flexible, no nonsense and stigma free spaces for real conversations and emotional growth.

We are looking for amazing robust therapists who are ready to take the journey with us and become Self Space therapists, as you prepare for your interviews, there are a few things we wanted to let you know about us:

1. **Little waiting time:** We operate seven days a week from 7:30 am to 9:30 pm and we aim to provide access to therapy within the hour
2. **Excellent therapists:** Who are excited about therapy and want to be part of a bringing mental health to every high street with a high standard of care
3. We are **excited** to be expanding so are looking for therapists who are as enthusiastic as us we are to join the adventure
4. **Booking:** Unlike other companies, we want to modernise therapy and increase autonomy of clients, this means that clients book in sessions from your availability on the website, so clients aren't assigned but get to choose you from our website. This might mean you get some fuller days and some less full days, as the room is yours for the whole time you are there you so feel free to bring in some reading or CPDs to work on!
5. **Supervision:** Excellent care comes with excellent support, you will need external supervision in place to work with us. We do offer fortnightly support spaces for you to access with fellow Self Space therapists

What you will need to know for your interview:

- **Our values** - we are big on our values so please have a read of them on our website and familiarise yourself with them before the interview
 - We keep clients at the heart of what we do
 - We're radically compassionate
 - We say what needs to be said
 - We're compassionately disruptive
 - We take care of ourselves seriously
 - We say what we do, and do what we say
 - We feedback generously
- **Visual Presentation** - we want to see a digital presentation of the vignette on any platform of your choosing, unfortunately if there is no presentation we may have to end the interview
- **Inclusive practice** - we are a team of diverse therapists and team members, this is reflected in the clients that come to us

- **Flexible client session** - how are you with adapting your therapeutic work

Self Space Prospective Therapists Frequently Asked Questions

Q. How much do I get paid?

A. All therapists get a flat fee of £50 per session for a 50 minute session or £45 per session for company paid clients. We offer 30 minute sessions and reduced fee (for students and NHS staff) sessions too and these attract a lower level of payment but you are not obliged to offer these. You can also opt in for 20 intro sessions, which are unpaid, and work in a consultation format.

Q. Is that per session or per ½ day?

A. No it is per session, so you can earn up to £300 in a shift (taking into account an hour break). However, if you don't get any client bookings you won't earn anything that shift.

Q. Is the pay negotiable?

A. No, our charging structure is fixed and therefore the amount we can pay therapists is also fixed. This is reviewed yearly and may change inline with the headline session charges.

Q. Can you guarantee clients?

A. No, we have some therapists who are booked solid from day one and some that take some time to develop their client base. A lot depends on your modality and bio on our site. Don't worry we will help you with the bio and review this in your 1 month and 3 month check ins with us. We don't have a wait list so you will build your own client base from scratch.

Q. How do I get clients allocated to me?

A. Clients are free to book themselves in and use your bio to compare you to other therapists on our lists. Be inventive, stand out and the clients will come. The other way is through our matching service where clients tell us a little about what they're struggling with and we recommend therapists. So you'll let us know your areas of interest and specialisms and we'll take this into account to help you get more clients!

Q. What about no shows?

A. We operate a 48 hour cancellation policy and any no shows within this window are chargeable, meaning you'll be paid if someone cancels within this window.

Q. Am I expected to be there for the whole shift?

A. Yes, especially in our fixed locations. One of the principles of Self Space is that we are accessible and anyone can walk into our locations and have a good conversation with a qualified person. This could be you and therefore we need you to be present. Breaks are the exception to this.

Q. Do I need to commit to the same days every week?

A. Yes, we need to maintain the rota provisions for several reasons. We want to make sure we have complete coverage in the rooms so having one empty for half the time is not going to be helpful to us. Also we want to ensure the clients get a regular appointment slot and most clients like weekly sessions.

Q. Can I see private clients in Self Space locations?

A. No, Self Space does not allow clients to be seen in our premises who are not paying through Self Space and you will also be contracted not to see Self Space clients in your own private practice.

Q. What supervision CPD do I get?

A. We offer regular team meetings, skill shares, reflective spaces and externally facilitated CPDs. Recent subjects have been eating disorders and suicide prevention. We do not offer formal supervision internally.

Q. Are there any other attendance requirements?

A. We require you to attend twice a year team meetings and other scheduled events. We will require a 70% attendance rate from all therapists.

Q. Do I get paid for meetings?

A. Yes we pay a notional fee for attending team meetings but attending CPD is not remunerated.

Q. Do I need to commit to two shifts?

A. Yes, we require a minimum commitment of two shifts per week. (07:30-14:30) and (14:30-21:30), with weekend working being an exception.

Q. Can I work virtually?

A. We have sufficient online only therapists to cope with anticipated demand at this time, but if you want to add an online offering in addition to the two in person shifts then we can offer this.